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ABSTRACT

This is an evaluation of the first year of a program designed to reduce the incidence of destructive risk-taking behavior (e.g., drug-alcohol abuse and juvenile delinquency) among school-age youth. Background research indicates that peer group pressure is the single most important factor in dictating the presence or absence of juvenile delinquency behavior. The Peer Dynamics process, involving 56 schools in Nebraska, trains and supervises students who participated in a group interaction plan with other students to develop self-esteem and better communication skills; peer modeling takes place. The evaluation measures used by the schools were pre-post attitude tests, program evaluation by students and faculty, and an evaluation form which included such factors as vandalism, grades, dropouts, discipline and contacts with law enforcement agencies. Personal on-site visits were made to each school to explain the evaluation measures. Results indicated an overall positive attitude change among peer group members due to participation in the program. Comparative data note a reduced number of contacts with policy and a noticeble drop in discipline referrals among students. Individual school evaluation results are also reported.
(Author/KMF)

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PEER DYNAMICS 1978-79 EVALUATION REPORT

by

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U.S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE
NATIONAL INSTITUTE OF EDUCATION

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PEER DYNAMICS INTRODUCTION

In the recent past, educators in Nebraska and across the nation have observed a dramatic increase in the incidence of destructive risk-taking behavior among young people. This behavior is indicated by the high incidence of vandalism, drug - alcohol abuse, and juvenile delinquency among the school age youth.

Past congressional investigations in the area of school-age vandalism, violence, and school dropout behavior have resulted in nationwide concern about losses in terms of not only financial loss, but loss of human resources and its resulting consequences.

Underlying most of these problems are negative feelings and attitudes about self and society that are expressed and exhibited by school-age youth.

The Institute for Juvenile Research, a branch of the Illinois Department of Mental Health, has completed a six-year study on peers influencing their friends in serious juvenile delinquency. The project was financed with $1.9 million from the Law Enforcement Assistance Administration.

During the project, researchers questioned 3,180 youths between 14 and 18 years of age and 1,970 of their parents. Those interviewed were in 40 Illinois counties. The researchers concluded that "peer group pressure is the single most important factor in dictating the presence or absence of juvenile delinquent behavior," LEAA said.

In the midst of what appears to be a movement away from the affective aspects of educational programs, it has become apparent that educators, parents, and students are experiencing positive changes in the areas of attitudes toward school, community, and themselves. These positive attitudes are resulting in positive behavior changes related to school attendance, vandalism, violence, drug and alcohol abuse, juvenile delinquency, and other potentially destructive risk-taking activities.

The Nebraska Commission on Drugs and nationally recognized authorities on the subject of substance abuse are in agreement that preventing substance abuse has a greater impact on the problem than any other strategy at their disposal. Deliberately establishing an environment where people are free from confrontation, harrassment, and rejection by their peers and those in authority is known to decrease the incidence of risk-taking as a means of gaining recognition, acceptance, and a positive self-concept. The Drug Commission has made this strategy their primary effort in the area of prevention.

Schools in Nebraska, through the use of assistance from the Nebraska Department of Health personnel are beginning to realize the benefit of this concept as applied to many forms of risk-taking behavior in addition to the substance abuse problem, on which the Commission on Drugs must focus.

In addition to the fact that kids learn better in a non-threatening environment, Nebraska has the opportunity to prevent the development of situations which precipitate violence, vandalism, high dropout rates, and the other school problems that exist in both urban and rural settings nationally.

PEER DYNAMICS BACKGROUND

BACKGROUND OF PEER

Originally the Nebraska Commission on Drugs funded a grant to the Department of Education in May 1976 to implement the Peer Dynamics model in a maximum of 12 schools. Due to the interest expressed by schools, it was possible to secure a contract with the National Council on Drugs for $19,000 to add 12 more schools. The Nebraska Department of Health then provided funding for the 1977 year and is currently the funding agency with the Nebraska Commission on Drugs. To date seventy-eight schools are involved in the program across the state.

The grant provides for two consultants in the program to assist the schools in the design, implementation and evaluation of the Peer based affective education model described as follows. Peer Dynamics is a process where trained and supervised students participate in a group interaction plan, structured to develop better self-esteem and self-understanding, listening and communication skills, but offer little or no advice to fellow students. This in turn will promote modeling of a positive influence on peers.

The implementation process is very detailed. Peer groups are selected and represent a cross-section of the student population within a school. (socially, ethnically, academically)

Training involves emphasis on active listening, development of awareness of verbal and non-verbal behavior, establishment of non-threatening situations, development of means to determine when professional counseling is needed, and awareness of approved counseling services. This type of positive peer interaction provides maximum opportunity for personal growth and good decision making skills.

Once trained, peer groups are able to use their skills in various ways to fit the needs of the school and provide a positive environment for the rest of the student body.

Four workshops were held during the 1978-1979 grant year to train the facilitators for the Peer Dynamics Program. Twenty-eight persons were trained as facilitators for the program. Included in the training groups were counselors, principals, superintendents and teachers. The two peer dynamics consultants with the State Department of Health delivered the training.

After the initial training sessions, the two State Department of Health consultants followed up by offering inservice training to interested schools. In addition to this, they provided orientation of the programs to faculties during scheduled inservice days.

The evaluation measures used by the schools include pre-post attitude tests, program evaluation by students and faculty, peer student testimonies and an evaluation form which includes such factors as: vandalism, grades, dropouts, discipline, and contacts with law enforcement agencies. Personal on-site visits were made to each school to explain individually the evaluation measures, to discuss any problems or concerns with facilitators, to meet with additional school personnel, and to talk with the students regarding their feelings and opinions on the program.

The following schools are involved in the Peer Dynamics Program:

Adams Jr. High School
Albion Jr. High
Albion High School
Alliance High School
Amherst High School
Arthur County High School
Bellevue East High School
Benedict High School
Byron High School
Central City Jr. High School
Central City Sr. High School
Centura High School
Chappell High School
Columbus Jr. High School
Conestoga Elementary School
Conestoga Jr.-Sr. High School
Crawford High School
Culler Jr. High School
Deshler High School
Diller High School
Dominican High School
Duchesne Academy
Fairmont High School
Falls City Jr. H. S.
Fremont Sr. High School
Gering Jr. High School
Gross H. S., Daniel J.
Hastings St. Cecilia H. S.
Imperial Elementary School
Irving Jr. High School
Kearney Jr. High School
Keya Paha County H. S.
Lakeview High School
Leyton High School
Lincoln Public Schools
Lodgepole High School
Loup City High School
Madison High School
Marian High School
Medicine Valley H. S.
Millard Central Jr. High
Millard Lefler Jr. H. S.
Millard High School
Millard North Jr. High
Millard Senior High
Morrill High School
Norfolk High School
Norfolk Jr. High School
North Loup Scotia H. S.
Overton High School
Palmyra High School
Pius X High School
Platteview High School
Pleasanton High School

Ponca High School
Pound Junior High School
Ralston Middle School
Ravenna High School
Ravenna Middle School
Roncalli High School
Ryan High School
Scottsbluff Junior High
Shelton High School
Sidney High School
Sidney Junior High
Southeast Consolidated
Stratton High School
Superior High School
Sutherland Elementary
Sutherland High School
Sutton High School
Swanson Elementary School
Thedford High School
Valley Jr.-Sr. High School
Wahoo Neumann High School
Wakefield Community School
Walnut Jr. High School
Waverly Jr. High School
Wilber High School
Wilsonville High School
Winnebago Alcohol Services Center
Winside High School
York High School
Neihardt Elementary

PEER DYNAMICS PROCESS

PEER - Positive Educational
Experiences in Relationships

PEER is a structured series of educational experiences that focus on the strengths and potentials of young people--which is a contrast to encounter or sensitivity groups.

Peer leadership is based on the idea that students are more likely to turn to each other for help with problems than to adults, and that students know when a fellow student needs help while adults don't always know. Peer leadership trains students in some basic counseling skills and then provides them an opportunity to work with peers.

PEER is a group interaction program for groups of from six to twelve members. It is designed to enable its participants to:

(1) build a better self-understanding or self-image.

(2) build a better understanding of others.

(3) encourage greater acceptance of and pleasure in what we and others are (I'm O.K. - You're O.K.)

(4) teach communications skills which maximize awareness of:
(a) what I am experiencing.
(b) what I perceive you to be experiencing.

Positive reinforcement is a central concept in PEER.

Goals of the Program

To develop a strong, well-organized core group of students.

(1) To recruit and select students who represent the overall school population - ethnically, racially, socially, academically, etc.

(2) To provide this group with the training and skills necessary to implement the component activities of the program.

(3) To develop a student network which will recruit other students, publicize the program, and maintain on-going participation and involvement.

(4) To begin to change negative behavior to positive through the use of peer dynamics.

We will use the Peer Program for Youth by Ardyth Hebeisen as the basic approach for the first group. This is a group interaction plan to develop self-esteem, self-understanding, and communication skills. The training period will consist of ten 2½-hour sessions which are structured with four elements in each session. The four elements are:

(1) Goal Setting - through setting goals and meeting them, self-confidence and a sense of success are built. This also provides a framework for achieving relationship goals later in the project.

(2) A Primary Task - this is the major task for each meeting and may focus on building self-image, improving communication skills, or clarifying personal value systems as they relate to self-perception and relationships.

(3) Basic Concepts - usually presented in mini-lecture style, these are designed to be a description of some of the factors involved in building relationships.

(4) Skill Development - this is usually built into the primary task as well as other transactions among members. Focus is on listening, self-disclosure, and various applications of these skills.

Topics to be included in the training program includes:

(1 & 2) Exploring meaningful relationships by acquainted, trust-building, increasing awareness of self and others.

(3) Identifying my strengths, goal setting.

(4) Using my strengths.

(5) Learning to listen.

(6 & 7) Communicating my feelings.

(8) My response to others.

(9) Decision-making, problem-solving.

(10) Values and acceptance for others and for me.

(11 & 12) Organization of "Where I Go From Training", confidentiality, ethics of counseling.

Abilities taught in the training program includes:

(1) Ability to approach a peer and engage in constructive conversation.

(2) Ability to listen to another, including non-verbal communication.

(3) Ability to observe and evaluate the behaviors of others.

(4) Ability to talk with another about personal problems and feelings.

(5) Ability to utilize decision-making in dealing with: personal problems, family problems, health problems, school problems, and peer relations planning.

(6) Ability to develop alternative actions when faced with a problem.

(7) Ability to apply interpersonal skills to the initiation of first meeting with student needing help.

(8) Ability to demonstrate an awareness of the ethics and strategies of peer interaction.

(9) Ability to express and share one's own feelings with another person.

(10) Ability to identify and respect his/her own and others' values.

Options at the end of nine-week training includes:

(1) Practicum with counselors meeting weekly.

(2) Activity group meeting one-five times per week to carry out community and school activities.

(3) Combination of one and two.

(4) Pursuit of personal goal.

(5) Drop-out of program.

(6) Examples of activities and/or assignments after training:

(a) Meet new students and help them adjust to school.
(b) Help orient sixth graders to junior high.
(c) Plan and arrange school activities, e.g., dances, performances, guest speakers.
(d) Work with peers on study or social problems.
(e) Serve as a friend to someone who wants someone to talk to or who is shy and a loner.
(f) Work with physically and mentally handicapped.
(g) Direct peers to school and community referral sources.
(h) Assistant to teachers of handicapped, varied groups.
(i) Visit another school which has an existing leadership program.
(j) Community outreach projects.

(7) The target population for assignments and activities of the trained students will be: the "normal" kids who, if not helped with their problems, the problems will become more severe; lonely; alienated; foreign; mentally and physically handicapped; the students we don't have time to reach.

A referral procedure for students to have peers assigned to them will be used when several groups of students are trained. The assignments for the first group of twelve trainees will be made through the regular channels of counselor referrals.

Evaluation

PEER leaders' primary function is to provide a climate for the group experiences and to take a kind of administrative role by guiding the group through them.

Three areas will be explored in order to evaluate the effects of the PEER Program on the trainees:

(1) The way the student perceives himself/herself.

(2) The way other classmates perceive him/her.

(3) The way the staff perceives him/her.

A pre-test and post-test will be administered in all cases to look at change in leadership and counseling skills before and after training. We are aware of the many uncontrolled variables in in-situ research, but feel that this part of the total evaluation process is necessary to gain indicators for future training.

The following evaluation measures will be used:

Pre-Post Attitude Tests

"As I See Myself" and "Attitudes Towards Others"

"Dear Student" and "Dear Teacher" evaluation forms

"Peer Dynamics Evaluation Form" - (re: vandalism, grades, dropout, discipline referrals, contacts with police, etc.)

Peer Student Testimonies

PEER EVALUATION FORMS

PRE AND POST TESTS - PEER COUNSELORS

AS I SEE MYSELF

Name_____ Grade_____

School Name_____ Date_____

How do YOU picture yourself right now? Following is a list of words to describe how you feel, which you will rate on a scale from 1 to 7. Circle only one of the numbers for each answer. Do not leave any space blank.

If your idea of yourself is VERY CLOSELY RELATED to one end of the scale, you should circle as follows:

Strong (1) 2 3 4 5 6 7 Weak

or

Strong 1 2 3 4 5 6 (7) Weak

If your idea of yourself is CLOSELY RELATED to one end of the scale (but not extremely), you should place your circle as follows:

New 1 (2) 3 4 5 6 7 Old

or

New 1 2 3 4 5 (6) 7 Old

If your idea of yourself seems ONLY SLIGHTLY RELATED to one side as opposed to the other side (but is not really neutral), then you will circle as follows:

Hard 1 2 (3) 4 5 6 7 Soft

or

Hard 1 2 3 4 (5) 6 7 Soft

If you consider your idea of yourself to be NEUTRAL on the scale, (both sides of the scale EQUALLY ASSOCIATED with your idea of yourself), then you should place your circle in the middle space:

Out 1 2 3 (4) 5 6 7 In

MAKE EACH ITEM A SEPARATE AND INDEPENDENT JUDGEMENT OR DECISION.
Work at fairly high speed through this test. Do not worry or puzzle over individual items. Please give your first impressions.

* *

Please circle your choice: I AM:

1. easy going	1	2	3	4	5	6	7	complaining
2. forgiving	1	2	3	4	5	6	7	spiteful
3. friendly	1	2	3	4	5	6	7	unfriendly
4. unselfish	1	2	3	4	5	6	7	selfish
5. trustful	1	2	3	4	5	6	7	distrustful
6. gentle	1	2	3	4	5	6	7	cruel

7. cooperative	1	2	3	4	5	6	7	uncooperative
8. outgoing	1	2	3	4	5	6	7	quiet
9. helpful	1	2	3	4	5	6	7	unhelpful
10. kind	1	2	3	4	5	6	7	mean
11. honest	1	2	3	4	5	6	7	dishonest
12. hard working	1	2	3	4	5	6	7	lazy
13. a good listener	1	2	3	4	5	6	7	a poor listener
14. cool	1	2	3	4	5	6	7	uptight
15. fair	1	2	3	4	5	6	7	unfair
16. cheerful	1	2	3	4	5	6	7	gloomy
17. polite	1	2	3	4	5	6	7	rude
18. nice	1	2	3	4	5	6	7	nasty
19. truthful	1	2	3	4	5	6	7	a liar
20. smiling	1	2	3	4	5	6	7	frowning
21. sharing	1	2	3	4	5	6	7	stingy
22. good	1	2	3	4	5	6	7	bad
23. a beautiful person	1	2	3	4	5	6	7	not a beautiful person
24. loving	1	2	3	4	5	6	7	hateful
25. jealous	1	2	3	4	5	6	7	not jealous
26. thoughtful	1	2	3	4	5	6	7	not thoughtful
27. reliable	1	2	3	4	5	6	7	irresponsible
28. calm	1	2	3	4	5	6	7	jumpy
29. popular	1	2	3	4	5	6	7	unpopular
30. sensible	1	2	3	4	5	6	7	foolish
31. happy	1	2	3	4	5	6	7	sad
32. not clumsy	1	2	3	4	5	6	7	clumsy
33. smart	1	2	3	4	5	6	7	dull
34. talkative	1	2	3	4	5	6	7	not talkative
35. open	1	2	3	4	5	6	7	shy

PRE AND POST TEST - PEER COUNSELORS

NAME_____ Grade_____ Sex (M) (F)

Attitudes Toward Others

1. At the present time how would you describe your relationship with your parents? Circle ONE.

   very poor poor about average good very good

2. At the present time how would you describe your relationship with your parents? Circle ONE.

A great deal of conflict and hassles	Some conflict and hassles	Average amount of conflict and hassles	Few conflicts and hassles	Hardly any conflict and hassles

3. At the present time about how many times a month do you and one of your parents have a serious disagreement or conflict? Circle ONE.

   Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

4. At the present time about how many times a month do you and one of your parents do something fun together? Circle ONE.

   Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

5. At the present time to what extent do you feel your parents are trying to understand you and any problems you may have? Circle ONE.

None at all	Some, but not much	About average	More than most parents	Completely understanding

6. At the present time how do you feel about your relationships with other persons about your age? Circle ONE.

No friends, spend most of my time alone	OK, but wish they were better	About average	Good	Get along great with everyone

7. At the present time about how many times a month do you and another person about your age have a serious disagreement? Circle ONE.

   Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

8. At the present time about how many times a month do you and another person about your age have a physical fight? Circle ONE.

   Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

9. At the present time about how many times a month do you and another person about your age do something fun together? Circle ONE.

   Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

10. At the present time how much trust would you say you have in your classmates and other persons about your age? Circle ONE.

Very little trust	Not too much trust	Average amount of trust	More than average amount of trust	A great deal of trust

11. At the present time how do you feel about your relationships with teachers and other adults? Circle ONE.

Very strained with much conflict	Conflict, but not on a regular basis	About average	Good relationships, only occasional disagreements	Very good, hardly any conflicts or disagreements

12. At the present time about how many times a month do you and a teacher or adult have a serious disagreement? Circle ONE.

Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

13. At the present time about how many times a month do you and a teacher or adult do something fun together? Circle ONE.

Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

14. At the present time to what extent do you feel teenagers or adults are trying to understand you and any problems you may have? Circle ONE.

Not at all	Some, but not much	No more nor less than could be expected	A good effort to understand	Understand completely

Total School Peer Program (Circle one)

PEER DYNAMICS EVALUATION FORM

Number of students in school_____

Number of students in PEER _____

	1976 - 1977 School Year		1977 - 1978 School Year		1978 - 1979 School Year	
	1st Semester	2nd Semester	1st Semester	2nd Semester	1st Semester	2nd Semester
Vandalism of School Property:						
(Cost Estimate Per Student)						
(Number of Incidences)						
Unexcused Absences:						
Unexcused Tardies:						
Classes Failed:						
Per 9 Weeks						
Per Semester						
Average G.P.A. of PEER Group						
Number of Drop-outs:						
Discipline Referrals:						
Peer Social Problems						
Teacher/Student Problems						
Parent/Student Problems						
Academic Problems						
Contacts With Police:						
Alcohol						
Drugs						
Runaways						
Misdemeanor Offenses						

DEFINITION OF TERMS USED ON PEER EVALUATION FORM:

1. Vandalism - willful or malicious destruction or defacement of school property.

2. Cost estimate per student - total dollar amount of vandalism per year divided by number of students in school that year.

3. Number of incidences - number of times vandalism happened during school year.

4. Average G.P.A. - average grade point average of 1976-1977 school year of Peer group only and 1977-1978 school year pre and post Peer implementation.

5. Drop-outs - a student who leaves a school, before graduation or completion of a program of studies, and without transferring to another school.

6. Discipline referrals - students who are referred to a school official who is responsible for enforcing the school's rules and regulations.

PEER STUDENT TESTIMONIES

Dear Peer Student:

Please write in your own words your feelings about the Peer Dynamics Program.

Please include both positive and negative aspects.

Dear Teacher:

A Peer Counseling Program has been implemented in our school this semester and we would like to know what you think about it. Please complete the following questionnaire and return your answers to . This will help us evaluate the effectiveness of the program.

Tear here Return only the bottom portion Tear here

		Circle one:	
1.	Do you think that the Peer Counseling Program is a worthwhile program?	Yes	No
2.	Did you have any peer counselors in one of your classes?	Yes	No
3.	Did the peer counselor demonstrate any change in behavior?	Yes	No
4.	If answer to question #3 was yes, was the behavior change a positive one?	Yes	No
5.	Do you feel you need more orientation to the Peer Counseling Program?	Yes	No
6.	Have you referred any students to the Peer Counseling Program?	Yes	No
7.	Are you a group leader?	Yes	No
8.	If answer to question #7 is no, are you interested in becoming a group leader?	Yes	No

9. What things do you like about the Peer Counseling Program?

10. What things would you like to see done better in another Peer Counseling Program?

11. Do you have any suggestions?

Dear Student:

You have been involved with the Peer Counseling Program and we would like to know what you think about it. Please complete the following questionnaire and return your answers to or . The information that you give us will be strictly confidential.

Tear Here Return only the bottom portion Tear Here

		Circle One:	
1.	Do you think that the Peer Counseling Program is a worthwhile program?	Yes	No
2.	Did you talk over a personal problem with the Peer Counselor?	Yes	No
3.	Did the Peer Counselor listen to what you wanted to say?	Yes	No
4.	Did you feel that the Peer Counselor was interested in your problem?	Yes	No
5.	Would you like to sign up to talk to the same Peer Counselor again?	Yes	No
6.	Would you like to sign up to talk with a different Peer Counselor?	Yes	No
7.	Have you suggested that a friend visit with a Peer Counselor?	Yes	No
8.	Do you have a friend who might like to visit a Peer Counselor?	Yes	No
9.	Would you like to be a Peer Counselor some day?	Yes	No

10. What things did you like about your Peer Counseling Session?

11. What things would you like to see done better in another Peer Counseling Session?

12. Do you have any suggestions? If so, please list:

TOTAL SCHOOLS EVALUATION RESULTS

SUMMARY REPORT OF TOTAL SCHOOLS' TEST RESULTS

In reviewing the following tables and test results, the reader should keep in mind that the following items could have had an affect on the outcomes:

A. Age level of students taking tests - elementary students have difficulty in looking at themselves more realistically in pre-tests (maturation process) as compared to senior high students.

B. Setting - having an atmosphere conducive to taking pre-post tests (quiet or noisy), and students possibly conferring with each other on the test (especially pre).

C. Lack of understanding by students - not knowing what is involved in program (orientation), and not understanding direction of pre-post tests.

D. The way facilitator approached (pre-post) test - in a few cases, there may have been some concern by students regarding confidentiality and how the attitude tests would be used. Rapport between facilitators and peer groups may not have been as good in the beginning.

E. Administrative/staff support for program - in some cases, administrators and/or faculty members expected the peer group members to be "perfect" or "disciplinarians" and were not supportive of the peer program. Most schools indicated a need for more orientation and follow-up of the peer program throughout the school year.

The total schools' results indicated a ninety-one percent positive change in attitudes on the "As I See Myself" test and a seventy-one percent positive change in attitudes on the "Attitudes Toward Others" test.

Twelve schools completed the Peer Dynamics Evaluation Form. In comparing the 1977-78 school year to the 1978-79 school year, data indicates a reduced number of contacts with police in the areas of alcohol, drugs, runaways and misdemeanor offenses. Also, data indicates a noticeable drop in discipline referrals which includes peer social problems, teacher/student problems, parent/student problems and academic problems.

It is apparent from the test results that there has been a positive attitude change among peer group members due to their participation in the Peer

Dynamics program. As staffs and students become more aware of the peer program, they become very supportive of the project and the concepts behind it.

Analysis of the "Attitudes Toward Others" and "As I See Myself" questionnaires was accomplished by comparison of the pre mean and post mean estimates of each item for individual schools and grades. Male and female groups were also compared on the "Attitudes Toward Others" items.

The method for testing improvement in attitude on a particular pre/post item was the paired t-test. Each student had a pair of scores for a given item their pre and post results. These values were subtracted to form a single number for each student for each item. For a given subgroup of students size n, the t-test statistic $t=\bar{d}/(s_d/\sqrt{n}$, was computed for each item of each questionnaire, $\bar{d}$ formed from the n differences and ^2s_d given by: $[\Sigma d^2; - (\Sigma di)^2/n] / (n-1)$.

For a particular group of students, significance at the 5% level was examined when this quantity was computed and compared to the 97.5 percentile of the t distribution with appropriate degrees of freedom. Since it is assumed that a group of students can undergo a negative as well as a positive change in any item, a two tailed test, 2.5 percent in each tail, was used to reflect this possibility.

PRE - POST ATTITUDE TEST RESULTS

TOTAL SCHOOLS: Adams, Alliance, Bellevue, Central City, Centura High, Falls City, Fremont, Loup City, Millard Central, Millard High, Millard Level I, Neihardt, Norfolk, North Loup Scotia, Pleasanton, Scottsbluff, Stratton, Sutherland, Sutton, Winnebago, York

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining				*
2. Forgiving - Spiteful				*
3. Friendly - Unfriendly				*
4. Unselfish - Selfish		–		
5. Trustful - Distrustful	+			
6. Gentle - Cruel				*
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet				*
9. Helpful - Unhelpful				*
10. Kind - Mean				*
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair		–		
16. Cheerful - Gloomy				*
17. Polite - Rude	+			
18. Nice - Nasty				*
19. Truthful - A Liar	+			
20. Smiling - Frowning				*
21. Sharing - Stingy	+			
22. Good - Bad				*
23. A Beautiful Person - Not A Beautiful Person				*

AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful				*
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful				*
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular				*
30. Sensible - Foolish	+			
31. Happy - Sad				*
32. Not Clumsy - Clumsy		–		
33. Smart - Dull				*
34. Talkative - Not Talkative				*
35. Open - Shy				*

PRE - POST ATTITUDE TEST RESULTS

TOTAL SCHOOLS: Adams, Alliance, Bellevue, Central City, Centura, Falls City, Fremont, Loup City, Millard Central, Millard High, Millard Level I, Neihardt, Norfolk, North Loup Scotia, Pleasanton, Scottsbluff, Stratton, Sutherland, Sutton, Winnebago, York

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?				*
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)				*
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?				*
4. At the present time, about how many times a month do you and one of your parents do something fun together?		-		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?				*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		-		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?				*
9. At the present time, about how many times a month do you and another person about your age do something fun together?				*

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?				*
11. At the present time, how do you feel about your relationships with teachers and other adults?		-		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		-		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?				*

AS I SEE MYSELF

ACCORDING TO GRADE LEVEL

GRADE LEVEL	TEST ITEMS																																
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
Six	+	-	+	+	+	+	+	-	+	+	+	+	+	-	+	+	+	+	+	-	+	+	-	+	-	-	+	-	-	-	+	-	+	-	-
Seven	*	*	*	-	+	*	+	*	+	+	+	+	+	+	-	*	+	+	+	+	+	*	+	+	+	*	+	+	+	+	*	-	+	+	*
Eight	*	+	+	+	*	+	*	*	+	*	+	+	+	*	+	+	*	*	+	*	+	*	*	+	+	+	+	+	*	+	+	-	*	+	+
Nine	+	+	+	-	+	+	+	*	-	+	+	+	*	+	+	*	+	*	+	+	+	+	*	+	-	+	+	-	*	+	*	-	+	*	+
Ten	+	-	+	-	+	+	-	*	-	0	-	+	+	+	-	+	-	+	-	+	-	+	*	+	-	-	-	-	+	+	+	+	+	+	*
Eleven	+	-	-	-	-	+	+	+	+	+	+	+	-	-	+	-	+	-	0	+	+	-	+	+	+	+	+	+	-	*	-	+	+	*	*
Twelve	*	+	+	+	+	+	+	+	0	-	+	+	-	-	-	-	+	-	-	+	-	-	+	-	+	0	-	0	+	-	+	+	0	0	+

+ Positive Change

- Negative Change

* Significant Positive Change

0 Remained the Same

ATTITUDE TOWARDS OTHERS TEST RESULTS

ACCORDING TO GRADE LEVEL

GRADE LEVEL	TEST ITEMS 1	2	3	4	5	6	7	8	9	10	11	12	13	14
Six	+	-	+	+	+	+	-	0	-	+	-	-	-	0
Seven	-	+	*	-	+	+	+	*	+	+	+	-	-	*
Eight	+	+	+	+	*	+	-	*	+	+	-	-	+	*
Nine	*	+	+	*	+	+	+	+	*	+	+	-	+	*
Ten	+	+	+	-	-	+	0	-	+	-	+	+	+	+
Eleven	+	-	+	-	+	+	-	+	*	-	+	+	-	+
Twelve	+	+	*	-	0	+	+	-	-	+	+	0	+	+

+ Positive Change

- Negative Change

* Significant Positive Change

0 Remained the Same

ATTITUDES TOWARD OTHERS TEST RESULTS

ACCORDING TO SEX
(Female)

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?				*
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?				*
4. At the present time, about how many times a month do you and one of your parents do something fun together?		-		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		-		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?				*

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?				*
11. At the present time, how do you feel about your relationships with teachers and other adults?		-		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		-		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

ATTITUDES TOWARD OTHERS TEST RESULTS

ACCORDING TO SEX
(Male)

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?				*
4. At the present time, about how many times a month do you and one of your parents do something fun together?		–		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?				*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?				*
At the present time, about how many times a month do you and another person about your age do something fun together?	+			

ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		-		
11. At the present time, how do you feel about your relationships with teachers and other adults?		-		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		-		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?				*

INDIVIDUAL SCHOOL EVALUATION RESULTS

Adams Junior High School - North Platte, Nebraska
Facilitator - Mary Lynn Horst

The evaluation results indicated a 57% positive gain in attitudes on the "As I See Myself test and a 85% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Adams Junior High School
North Platte, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly			0	
4. Unselfish - Selfish		-		
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative		-		
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful		-		
10. Kind - Mean	+			
11. Honest - Dishonest		-		
12. Hardworking - Lazy		-		
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar		-		
20. Smiling - Frowning	+			
21. Sharing - Stingy		-		
22. Good - Bad		-		
23. A Beautiful Person - Not A Beautiful Person	+			

AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful		-		
25. Jealous - Not Jealous		-		
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible		-		
28. Calm - Jumpy		-		
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy		-		
33. Smart - Dull		-		
34. Talkative - Not Talkative				*
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Adams Junior High School
North Platte, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?		–		
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?				*
6. At the present time, how do you feel about your relationship with other persons about your age?				*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?				*
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		–		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+		✓	
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?				*

Alliance High School - Alliance, Nebraska
Facilitator - Bill Reno

The evaluation results indicated a 54% positive gain in attitudes on the "As I See Myself" test and a 78% positive gain in "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Alliance High School
Alliance, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly		-		
4. Unselfish - Selfish	+			
5. Trustful - Distrustful		-		
6. Gentle - Cruel		-		
7. Cooperative - Uncooperative			0	
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful		-		
10. Kind - Mean	+			
11. Honest - Dishonest		-		
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair		-		
16. Cheerful - Gloomy	+			
17. Polite - Rude		-		
18. Nice - Nasty		-		
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
21. Sharing - Stingy		-		
22. Good - Bad		-		
23. A Beautiful Person - Not A Beautiful Person	-37-			*

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous		-		
26. Thoughtful - Not Thoughtful		-		
27. Reliable - Irresponsible		-		
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy		-		
33. Smart - Dull		-		
34. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Alliance High School
Alliance, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		-		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		-		
9. At the present time, about how many times a month do you and another person about your age do something fun together?				*

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?		–		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+		✓	
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Bellevue High School - Bellevue, Nebraska
Facilitator - Ken Liedle

The evaluation results indicated a 82% positive gain in attitudes on the "As I See Myself" test and a 14% positive gain in the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Bellevue High School
Bellevue, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish		-		
5. Trustful - Distrustful				*
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet			0	
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy				*
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar		-		
20. Smiling - Frowning	+			
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible				*
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad		-		
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
34. Talkative - Not Talkative		-		
35. Open - Shy			0	

PRE - POST ATTITUDE TEST RESULTS

Bellevue High School
Bellevue, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?			0	
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)		–		
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		–		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?		–		
6. At the present time, how do you feel about your relationship with other persons about your age?		–		
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		–		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?			0	

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		-		
11. At the present time, how do you feel about your relationships with teachers and other adults?			0	
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		-		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		-		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?		-		

Central City Junior High School - Central City, Nebraska
Facilitator - Paul Volz

The evaluation results indicated a 66% positive gain in attitudes on the "As I See Myself" test and a 64% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Central City Junior High
Central City, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative				*
8. Outgoing - Quiet				*
9. Helpful - Unhelpful	+			
10. Kind - Mean			0	
11. Honest - Dishonest			0	
12. Hardworking - Lazy		-		
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar		-		
20. Smiling - Frowning			0	
21. Sharing - Stingy			0	
22. Good - Bad		-		
23. A Beautiful Person - Not A Beautiful Person				*

AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful			0	
27. Reliable - Irresponsible		–		
28. Calm - Jumpy	+			
29. Popular - Unpopular		–		
30. Sensible - Foolish			0	
31. Happy - Sad		–		
32. Not Clumsy - Clumsy				*
33. Smart - Dull	+			
34. Talkative - Not Talkative		–		
35. Open - Shy		–		

PRE - POST ATTITUDE TEST RESULTS

Central City Junior High
Central City, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?			0	
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?		–		
4. At the present time, about how many times a month do you and one of your parents do something fun together?		–		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?				*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?		–		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?			0	
11. At the present time, how do you feel about your relationships with teachers and other adults?				*
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Centura High School - Cairo, Nebraska
Facilitator - Vance Christensen

The evaluation results indicated a 80% positive gain in attitudes on the "As I See Myself" test.

PRE - POST ATTITUDE TEST RESULTS

Centura High School
Cairo, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful			0	
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful		-		
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet				*
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener		-		
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy				*
17. Polite - Rude				*
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
21. Sharing - Stingy				*
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	-52-	62		*

AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful			0	
25. Jealous - Not Jealous			0	
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible	+			
28. Calm - Jumpy			0	
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy			0	
33. Smart - Dull	+			
34. Talkative - Not Talkative	+			
35. Open - Shy				*

Falls City Junior High School - Falls City, Nebraska
Facilitator - Keith Richey

The evaluation results indicated a 57% positive gain in attitudes on the "As I See Myself" test and a 50% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Falls City Junior High School
Falls City, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish		-		
5. Trustful - Distrustful	+			
6. Gentle - Cruel		-		
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful			0	
10. Kind - Mean			0	
11. Honest - Dishonest		-		
12. Hardworking - Lazy		-		
13. A Good Listener - A Poor Listener		-		
14. Cool - Uptight		-		
15. Fair - Unfair	+			
16. Cheerful - Gloomy			0	
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar			0	
20. Smiling - Frowning	+			
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	-55-	65		*

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful				*
25. Jealous - Not Jealous		-		
26. Thoughtful - Not Thoughtful		-		
27. Reliable - Irresponsible	+			
28. Calm - Jumpy		-		
29. Popular - Unpopular				*
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy		-		
33. Smart - Dull	+			
34. Talkative - Not Talkative	+			
35. Open - Shy		-		

PRE - POST ATTITUDE TEST RESULTS

Falls City Junior High School
Falls City, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?		-		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?		-		
4. At the present time, about how many times a month do you and one of your parents do something fun together?		-		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?		-		
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?		–		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		–		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		–		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Fremont Senior High School - Fremont, Nebraska
Facilitator - Linda Tharp

The evaluation results indicated a 74% positive gain in attitudes on the "As I See Myself" test and a 57% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Fremont Senior High School
Fremont, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining				*
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish				*
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet			0	
9. Helpful - Unhelpful	+			
10. Kind - Mean		-		
11. Honest - Dishonest		-		
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener		-		
14. Cool - Uptight		-		
15. Fair - Unfair		-		
16. Cheerful - Gloomy	+			
17. Polite - Rude			0	
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
21. Sharing - Stingy		-		
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad				*
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
34. Talkative - Not Talkative		-		
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Fremont Senior High School
Fremont, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		-		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?		-		
6. At the present time, how do you feel about your relationship with other persons about your age?		-		
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		-		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		–		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+		✓	
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?			0	

Loup City High School - Loup City, Nebraska
Facilitator - Lois Hanshew

The evaluation results indicated a 60% positive gain in attitudes on the "As I See Myself" test and a 42% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Loup City High School
Loup City, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful		-		
6. Gentle - Cruel			0	
7. Cooperative - Uncooperative		-		
8. Outgoing - Quiet		-		
9. Helpful - Unhelpful			0	
10. Kind - Mean	+			
11. Honest - Dishonest		-		
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener		-		
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy		-		
17. Polite - Rude			0	
18. Nice - Nasty			0	
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
21. Sharing - Stingy			0	
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+	75		

AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful			0	
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful			0	
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular		-		
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
34. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Loup City High School
Loup City, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?		-		
6. At the present time, how do you feel about your relationship with other persons about your age?			0	
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		-		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		-		
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		-		
11. At the present time, how do you feel about your relationships with teachers and other adults?		-		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		-		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?			0	

Millard Senior High Level I - Omaha, Nebraska
Facilitators - Gary Griffin
Linda Shirck
Ike Pane

The evaluation results indicated a 91% positive gain in attitudes on the "As I See Myself" test and a 85% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Millard Level I
Omaha, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish		-		
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet				*
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener				*
14. Cool - Uptight	+			
15. Fair - Unfair		-		
16. Cheerful - Gloomy				*
17. Polite - Rude	+			
18. Nice - Nasty				*
19. Truthful - A Liar	+			
20. Smiling - Frowning				*
21. Sharing - Stingy	+			
22. Good - Bad				*
23. A Beautiful Person - Not A Beautiful Person	-70-	80		*

AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful				*
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible			0	
28. Calm - Jumpy	+			
29. Popular - Unpopular				*
30. Sensible - Foolish	+			
31. Happy - Sad				*
32. Not Clumsy - Clumsy	+			
33. Smart - Dull				*
34. Talkative - Not Talkative				*
35. Open - Shy				*

PRE - POST ATTITUDE TEST RESULTS

Millard Level I
Omaha, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?				*
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)				*
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?				*
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?			0	
6. At the present time, how do you feel about your relationship with other persons about your age?				*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?				*

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		−		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Millard High School - Omaha, Nebraska
Facilitators - Kay Platter
Jan Ryan

The evaluation results indicated a 57% positive gain in attitudes on the "As I See Myself" test and a 78% positive gain on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Millard High School
Omaha, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly				*
4. Unselfish - Selfish		-		
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative		-		
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful		-		
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight		-		
15. Fair - Unfair	+			
16. Cheerful - Gloomy		-		
17. Polite - Rude	+			
18. Nice - Nasty		-		
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
21. Sharing - Stingy	+			
22. Good - Bad		-		
23. A Beautiful Person - Not A Beautiful Person		-		

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful			0	
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible		–		
28. Calm - Jumpy		–		
29. Popular - Unpopular		–		
30. Sensible - Foolish		–		
31. Happy - Sad		–		
32. Not Clumsy - Clumsy	+			
33. Smart - Dull		–		
34. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Millard High School
Omaha, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?				*
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		-		
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?			0	
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		–		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?				*

Millard North Junior High School - Omaha, Nebraska
Facilitator - Dan Wiltgen

The evaluation results indicated a 40% positive gain in attitudes on the "As I See Myself" test and a 35% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Millard North Junior High School
Omaha, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful		-		
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish			0	
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful		-		
10. Kind - Mean				*
11. Honest - Dishonest				*
12. Hardworking - Lazy		-		
13. A Good Listener - A Poor Listener		-		
14. Cool - Uptight		-		
15. Fair - Unfair		-		
16. Cheerful - Gloomy		-		
17. Polite - Rude	+			
18. Nice - Nasty			0	
19. Truthful - A Liar	+			
20. Smiling - Frowning		-		
21. Sharing - Stingy		-		
22. Good - Bad			0	
23. A Beautiful Person - Not A Beautiful Person	+	90		

AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful		_		
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful		_		
27. Reliable - Irresponsible	+			
28. Calm - Jumpy		_		
29. Popular - Unpopular	+			
30. Sensible - Foolish		_		
31. Happy - Sad		_		
32. Not Clumsy - Clumsy		_		
33. Smart - Dull			0	
34. Talkative - Not Talkative		_		
35. Open - Shy		_		

PRE - POST ATTITUDE TEST RESULTS

Millard North Junior High School
Omaha, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?		–		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?			0	
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?			0	
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		–		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?			0	
9. At the present time, about how many times a month do you and another person about your age do something fun together?		–		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?				*
11. At the present time, how do you feel about your relationships with teachers and other adults?		-		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?			0	
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		-		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Millard Central Junior High - Omaha, Nebraska
Facilitators - Jean Study Vicki Beveridge
Linda Garvin Lee Galloway
Gene Ranard Bod Bednar

The evaluation results indicated a 82% positive gain in attitudes on the "As I See Myself" test and a 92% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Millard Central Junior High School
Omaha, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish				*
5. Trustful - Distrustful				*
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful				*
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy		-		
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight			0	
15. Fair - Unfair			0	
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty				*
19. Truthful - A Liar		-		
20. Smiling - Frowning				*
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	-85-	95		*

AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful				*
25. Jealous - Not Jealous	+	–		
26. Thoughtful - Not Thoughtful				*
27. Reliable - Irresponsible		–		
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
34. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Millard Central Junior High School
Omaha, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?				*
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?				*
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		-		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Neihardt Elementary - Omaha, Nebraska
Facilitator - Marlene Daganaar

The evaluation results indicated a 60% positive gain in attitudes on the "As I See Myself" test and a 50% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Neihardt Elementary
Omaha, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful		-		
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful			0	
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet		-		
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight		-		
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning		-		
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	-90-	100		

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous		-		
26. Thoughtful - Not Thoughtful		-		
27. Reliable - Irresponsible	+			
28. Calm - Jumpy		-		
29. Popular - Unpopular		-		
30. Sensible - Foolish		-		
31. Happy - Sad	+			
32. Not Clumsy - Clumsy		-		
33. Smart - Dull	+			
34. Talkative - Not Talkative		-		
35. Open - Shy		-		

PRE - POST ATTITUDE TEST RESULTS

Neihardt Elementary
Omaha, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)		-		
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?			0	
9. At the present time, about how many times a month do you and another person about your age do something fun together?		-		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?		-		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		-		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		-		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	-		0	

Norfolk Junior High School - Norfolk, Nebraska
Facilitator - Bette McConahay

The evaluation results indicated a 60% positive gain in attitudes on the "As I See Myself" test and a 35% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Norfolk Junior High School
Norfolk, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining				*
2. Forgiving - Spiteful				*
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish		-		
5. Trustful - Distrustful	+			
6. Gentle - Cruel		-		
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest		-		
12. Hardworking - Lazy		-		
13. A Good Listener - A Poor Listener		-		
14. Cool - Uptight				*
15. Fair - Unfair		-		
16. Cheerful - Gloomy	+			
17. Polite - Rude		-		
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person				

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful		-		
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful		-		
27. Reliable - Irresponsible		-		
28. Calm - Jumpy		-		
29. Popular - Unpopular	+			
30. Sensible - Foolish		-		
31. Happy - Sad	+			
32. Not Clumsy - Clumsy		-		
33. Smart - Dull				*
34. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Norfolk Junior High School
Norfolk, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?		-		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?		-		
4. At the present time, about how many times a month do you and one of your parents do something fun together?		-		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?		-		
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		-		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?				*
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		-		
11. At the present time, how do you feel about your relationships with teachers and other adults?		-		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		-		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		-		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

North Loup Scotia High School - Scotia, Nebraska
Facilitator - Larry Hermsmeyer

The evaluation results indicated a 28% positive gain in attitudes on the "As I See Myself" test and a 64% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

North Loup Scotia High School
Scotia, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining		-		
2. Forgiving - Spiteful		-		
3. Friendly - Unfriendly		-		
4. Unselfish - Selfish		-		
5. Trustful - Distrustful		-		
6. Gentle - Cruel		-		
7. Cooperative - Uncooperative		-		
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful		-		
10. Kind - Mean		-		
11. Honest - Dishonest		-		
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight		-		
15. Fair - Unfair		-		
16. Cheerful - Gloomy		-		
17. Polite - Rude		-		
18. Nice - Nasty		-		
19. Truthful - A Liar		-		
20. Smiling - Frowning			0	
21. Sharing - Stingy	+			
22. Good - Bad		-		
23. A Beautiful Person - Not A Beautiful Person	+			

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful			0	
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful		-		
27. Reliable - Irresponsible		-		
28. Calm - Jumpy		-		
29. Popular - Unpopular	+			
30. Sensible - Foolish		-		
31. Happy - Sad		-		
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
34. Talkative - Not Talkative			0	
35. Open - Shy	+			

PPE - POST ATTITUDE TEST RESULTS

North Loup Scotia High School
Scotia, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?		-		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	V	-		
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		-		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?				*
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		-		
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		-		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Pleasanton High School - Pleasanton, Nebraska
Facilitator - Marlene Kuskie

The evaluation results indicated a 25% positive gain in attitudes on the "As I See Myself" test and a 50% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Pleasanton High School
Pleasanton, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining		-		
2. Forgiving - Spiteful		-		
3. Friendly - Unfriendly		-		
4. Unselfish - Selfish		-		
5. Trustful - Distrustful		-		
6. Gentle - Cruel		-		
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet			0	
9. Helpful - Unhelpful	+			
10. Kind - Mean		-		
11. Honest - Dishonest		-		
12. Hardworking - Lazy		-		
13. A Good Listener - A Poor Listener		-		
14. Cool - Uptight	+			
15. Fair - Unfair		-		
16. Cheerful - Gloomy		-		
17. Polite - Rude	+			
18. Nice - Nasty		-		
19. Truthful - A Liar		-		
20. Smiling - Frowning		-		
21. Sharing - Stingy	+			
22. Good - Bad		-		
23. A Beautiful Person - Not A Beautiful Person	+			

...J SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful			0	
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful		-		
27. Reliable - Irresponsible		-		
28. Calm - Jumpy		-		
29. Popular - Unpopular	+			
30. Sensible - Foolish		-		
31. Happy - Sad		-		
32. Not Clumsy - Clumsy		-		
33. Smart - Dull		-		
34. Talkative - Not Talkative		-		
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Pleasanton High School
Pleasanton, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?				*
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	—	—		
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?			0	
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		—		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—		
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		-		
11. At the present time, how do you feel about your relationships with teachers and other adults?		0		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Scottsbluff Junior High School - Scottsbluff, Nebraska
Facilitators - Marjorie Mandujano
Ron Wegelin

The evaluation results indicated a 91% positive gain in attitudes on the "As I See Myself" test and a 78% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Scottsbluff Junior High School
Scottsbluff, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining				*
2. Forgiving - Spiteful				*
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish		-		
5. Trustful - Distrustful	+			
6. Gentle - Cruel				*
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy				*
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
21. Sharing - Stingy	+			
22. Good - Bad				*
23. A Beautiful Person - Not A Beautiful Person	+			

AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful				*
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad				*
32. Not Clumsy - Clumsy		-		
33. Smart - Dull		-		
34. Talkative - Not Talkative	+			
35. Open - Shy				*

PRE - POST ATTITUDE TEST RESULTS

Scottsbluff Junior High School
Scottsbluff, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		-		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?				*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?				*
11. At the present time, how do you feel about your relationships with teachers and other adults?		-		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		-		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Stratton High School - Stratton, Nebraska
Facilitator - Bob Shaw

The evaluation results indicated a 20% positive gain in attitudes on the "As I See Myself" test and a 64% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Stratton High School
Stratton, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining		-		
2. Forgiving - Spiteful		-		
3. Friendly - Unfriendly		-		
4. Unselfish - Selfish		-		
5. Trustful - Distrustful		-		
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative		-		
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful		-		
10. Kind - Mean		-		
11. Honest - Dishonest		-		
12. Hardworking - Lazy				*
13. A Good Listener - A Poor Listener			0	
14. Cool - Uptight		-		
15. Fair - Unfair		-		
16. Cheerful - Gloomy		-		
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar		-		
20. Smiling - Frowning		-		
21. Sharing - Stingy			0	
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	-115-	125	0	

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful		-		
25. Jealous - Not Jealous		-		
26. Thoughtful - Not Thoughtful		-		
27. Reliable - Irresponsible	+			
28. Calm - Jumpy		-		
29. Popular - Unpopular			0	
30. Sensible - Foolish		-		
31. Happy - Sad		-		
32. Not Clumsy - Clumsy		-		
33. Smart - Dull			0	
34. Talkative - Not Talkative			0	
35. Open - Shy		-		

PRE - POST ATTITUDE TEST RESULTS

Stratton High School
Stratton, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?				*
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?		-		
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?			0	
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?			0	
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		-		
11. At the present time, how do you feel about your relationships with teachers and other adults?			0	
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Sutherland High School - Sutherland, Nebraska
Facilitator - William Fulcher

The evaluation results indicated a 88% positive gain in attitudes on the "As I See Myself" test and a 71% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Sutherland High School
Sutherland, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful		-		
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful				*
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful				*
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy				*
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy		-		
17. Polite - Rude				*
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	-120-	130		

AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous		-		
26. Thoughtful - Not Thoughtful			0	
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
34. Talkative - Not Talkative	+			
35. Open - Shy				*

PRE - POST ATTITUDE TEST RESULTS

Sutherland High School
Sutherland, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?				*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?		-		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		-		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?				*
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Sutton High School - Sutton, Nebraska
Facilitator - Mike Moody

The evaluation results indicated a 42% positive gain in attitudes on the "As I See Myself" test and a 42% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Sutton High School
Sutton, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful		-		
3. Friendly - Unfriendly		-		
4. Unselfish - Selfish	+			
5. Trustful - Distrustful			0	
6. Gentle - Cruel		-		
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful			0	
10. Kind - Mean	+			
11. Honest - Dishonest		-		
12. Hardworking - Lazy		-		
13. A Good Listener - A Poor Listener		-		
14. Cool - Uptight	+			
15. Fair - Unfair		-		
16. Cheerful - Gloomy		-		
17. Polite - Rude		-		
18. Nice - Nasty			0	
19. Truthful - A Liar			0	
20. Smiling - Frowning		-		
21. Sharing - Stingy	+			
22. Good - Bad		-		
23. A Beautiful Person - Not A Beautiful Person				

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful				*
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful		-		
27. Reliable - Irresponsible		-		
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish			0	
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull		-		
34. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Sutton High School
Sutton, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?			0	
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		-		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?				*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?			0	
8. At the present time, about how many times a month do you and another person about your age have a physical fight?			0	
9. At the present time, about how many times a month do you and another person about your age do something fun together?		-		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		-		
11. At the present time, how do you feel about your relationships with teachers and other adults?		-		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		-		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Winnebago High School - Winnebago, Nebraska
Facilitator - Bruce Lahm

The evaluation results indicated a 71% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Winnebago High School
Winnebago, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)		-		
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		-		
11. At the present time, how do you feel about your relationships with teachers and other adults?		-		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		-		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

York High School - York, Nebraska
Facilitator - Warren Dickey

The evaluation results indicated a 71% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

York High School
York, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)		-		
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		-		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		-		
9. At the present time, about how many times a month do you and another person about your age do something fun together?				*

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?		−		

The schools not listed in the "Individual School Evaluation" section (refer to page 31) were involved in the State Department of Health Peer program, but due to the following reasons evaluative data was not received.

1. Some schools did not administer the Pre and Post test but operated Peer groups.

2. Some tests were not labeled appropriately to match the students pre-test with the same students post-test, therefore results could not be computed.

During the on site visits to all 78 schools involved in Peer, the State Department of Health Peer consultants obtained evaluative statements from each student involved in the program along with comments from facilitators and administrators. The peer consultants shared the positive feedback as well as the constructive criticism with the peer facilitators.

PEER STUDENT TESTIMONIES

NOTE

The peer student testimonies are unedited verbatim responses.

First I liked the way we could have an open and honest discussion without being put down. I also liked finding how different and how much we are alike. Learning what we value and what we don't was fun. What I didn't like was that we seemed to dwell on one subject for a long time. It needed to move faster.

When I was in the peer group, I felt that it did me a lot of good. When we had circle discussions I felt that it brought everyone's true feelings out. They spoke up and said what they thought was right and what was wrong. I feel that the people who were in the peer group get along better now and they can talk more freely in front of a group. Drawing the pictures on what kind of a mood you were in was also a fun activity. I feel that anyone who ever has a chance to join a peer group should. It is a lot of fun and after you've been through all of the activities I feel that you are more at ease with your friends and are able to speak out more freely without worrying about someone telling you you're wrong. No ones feelings are wrong.

Some of my feelings about peer group is that when we first started I was kind of embarrarassed because I didn't think anyone would feel the same way I did about certain things. Peer group helped me to understand what other people were really like. It helped me to understand people easier and be more friendly. All in all I think that peer group did me more good than harm. It was really kind of fun and different than what we were doing in school.

Peer group is a fun learning class. Sometimes the role playing is hard to get into but that usually depends on the person's mood. The games are really fun, especially the ones pertaining to or including food. We have really gotten to know each other a lot better than we did before. I think we all enjoy it a lot.

I enjoy Peer because the many fun and learning projects we do. It breaks the ice of people not wanting to communicate. With Peer, a shy person begins to open up and is able to show people how he/she really feels and thinks. It also helps people learn how to react when their friends have a problem and they want to help. Peer gives each member a friend to go to if they have a problem and they don't want everyone to know about it. Altogether Peer is helping me open up more as a person and even though I feel uncomfortable in some situations I know it will help me when I leave the room.

I think that being in Peer Group has helped everyone to become much more positive about things. If you come into Peer Group feeling rotten, you usually leave feeling good about yourself! A feeling of trust between the members has gradually developed. You start to believe in people. You find out things from one another that you would never have guessed to be true. You get to know each other and understand how other people feel about things. I don't think there are any bad points in having a Peer Group unless there is someone in the group who doesn't want to be there and won't participate. All in all, I'm sure that most people could

benefit from the positive aspects of being in a Peer Group. I have enjoyed it immensely!!!

Peer Group is something every high school student should participate in. It's really helped me find myself. On days when I was feeling down, I'd go into Peer and tell the group what was wrong or tell them I was feeling down and by the end of class, I'd be feeling much better. It has made me look at myself and find out what I was really like inside. It has also strengthened my relationships with my family and friends.

One of the activities that I really enjoyed was "I Messages". They made me look at situations more clearly. There were times when I thought there was no solution to a problem. These are the times when Peer Group really helped me out. I'm really glad I got the chance to be in the class and I wish everybody could get the opportunity to be in it.

Peer has taught me how to deal with other peoples problems, as well as my own. Peer is fun and open, (you learn alot).

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i thought peer was a pretty good class in learning to help with other problems. But i thought we should have had more talk sessions to just talk about what was on our minds. one thing that i didn't like about peer is that i sometimes thought that i must be a problem child in order to be in it.

This nine weeks in peer has been the best of my whole school year. I especially like it because it is tottally accepting of you as an individual. There is no put-downs or ridicule, accusations e.t.c. It makes you feel like you can let down your guard and be yourself. I think peer is a wonderful program and I really think it ought to be required.

My experiences in Peer this year have Been great. Meeting New friends, learning their likes and dislikes to better learn to understand them and their feelings. This was my 2 year in Peer and this second time I learned more than the first. Learning to Control my own feelings and learning to listen were the Highlights of this course. I think Peer should Be taught at every school in the world to make this world happier and Better for each and every person.

I thought that this class is really a good class because you can really pour out your problems, views and opinions. A lot of people don't have someone to listen when they have a problem. And in this class you can always count on coming to it and getting something out of it. Someone will always listen to you.

I expected what I got out of this class and one of the things I expected was to get out of it is to be more open with people and even total strangers. It's a very good class and I would recommend it to everyone. You become pretty close to everyone and that's really fun too.

I thought PEER was worth while. It helped me to communicate with my friends. I think everyone would enjoy it because you make new friends and you can trust them not to tell anyone what you said in class. I thought I got something out of it and I was glad I got in because its fun.

In Peer group you get to know a lot of people better and because you talk with other people you learn more about yourself and how other people see you. Therefore you get a lot more selfconfidence.

I thought Peer was a very excited class. Peer has showed me to open up a little more to friends, family, future friends. It has taught me to face a problem not just let it go bye as if it's not there. I think I have got to learn a little bit more about the people in Peer. and have got to know alot about myself and others. Peer has been an exciting experiment to know and learn others.

This is my first year and I've really enjoyed it and so far have gotten alot out of it. It helps you understand people more and get along better with them. It has made me much more aware of listening to other people's problemlem and how important it is to them when you take the time to listen. And I plan to take peer again.

I think peer is really good. There should be a second year peer cuz when you take the 1st year over again you don't get that much out of it. I think the atmosphere has to be right also. The room we were in last year was so much more comfortable. I got alot out of it, I've learned to really relate to peoples problems and learn how to listen. I've been told that so much that I'm a good listener and really understand. I didn't get as much out of peer this year, maybe becuz I've had before, but it just seemed I didn't get to know everybody. I liked it when we went around the room and told how we felt and what was going on in our lives.

How I feel about peer is a very nice feeling. Peer has helped me to understand other people and how to listen. I really enjoyed peer because we all became good friends and really learned to meet and know new people. I think alot of people should take peer.

Last year was the first time I'd ever been in a "group". At first I took "group" so I wouldn't have to go to study Hall on Wensdays. But, then it became more interesting after a couple visits. The activities we did showed me alot. There was a variety of personalitie's in my group (shy, popular, smart, not so smart). I liked to watch how they acted. Sometimes I was suprised when they didn't act like I 'labled' them, but usually they acted like I expected. I had a chance to think why I acted certain ways and what my actions mean.

I thought the group would be like a group psychiatry session, with people crying and confessing. But it wasn't that at all. Sometimes I wish we

would have had a chance to discuss our problems, instead of always playing games. I'm not sure I really could have talked openly, but, I think would have like the chance to. I would have liked to help other people figure out their problems.

The groups should be continued for High school students, ever for Junior High and elementary students. Maybe it won't help everyone, but maybe it will open a few peoples eyes, and minds, to certain ways of life.

I do believe that peer council helped me to talk and get along with people. Peer Council helped me to feel accepted especially by the peer counselors. I learned how to interpret problems and how to deal with them. Peer counsil help me to deal with both my problems and other's problems. I believe that peer council help me to keep out of trouble, and the office.

Being a Peer Counselor has done alot for me. I've learned how to get along with other people from different social groups. I can recognize feelings when someone has a problem and I've learned how to understand what their feelings mean. This program is good for helping to understand yourself. It's helped me in understanding what I want and what goals I'm trying to reach. It's also given me the ability to want to help other people. It makes me feel good to know that I have helped someone else. With our Peer Counseling group I knew that I always had a friend whether or not it was an counselor or one of my peers.

Being a Peer Counselor has really helped me to understand my parents and how they deal with us and all of our problems. It has changed me into a different kid. I can understand most of the problems the kids have. It's easier for me to get along with teachers, and some of their problems. I think you should keep doing Peer Counseling. School seems to be more enjoyable because you can understand most of the problems.

Peer Council was a great experience for me. I benifited greatly from it. It helped me to realize that many people have life much worse than I did and I also realized that if I had a problem, there were people who were willing to help and whom I could trust to be there when I needed someone. Through Peer, I became close to the people in the group as well as kids who needed my help. I was more willing to listen and give suggestions and to take suggestions from others. I found out how important it was to talk about problems and not to hold them inside of you until they burst. I think Peer Council was something I would always want to be involved in if it was possible. It made my day full and happy on days when I was down, because there was always someone there willing and caring. There was always someone who needed me and someone there in my time of need.

I think pier is great. I wish everybody could get involved. You learn how to get along with other social groups. You can get a better understanding on how to communicate to different people. It also gets you out of a crumy study hall.

Peer Counciling has helped me a lot. It has helped me to know myself better and to understand others as well.

When it first started I thought that I would never be able to like or get along with some of the people in the group. I thought this because they did different things or hung around with other kids than I did. After the group was going it helped me to accept the others as a person and not because they are different than I am.

Peer Counciling is a lot of fun. Whenever someone has a problem and needs help we try to help them. If someone in the group has a problem we help them first.

Peer Counseling has been an exciting experience for me. It has helped me communicate with people other than those in my social group. I have gotten to know the other people in Peer Counseling and understand their problems. I've made new friends and helped people who had social and scholastic problems.

As a group we have helped people with peer problems. We have helped settle differences between students and teachers or administrators. We all have gained many communication skills necessary when speaking to someone with problems.

The group is a lot of fun and more schools should try it.

I feel that there were really no disadvantages to peer counciling except for maybe missing a few classes. It was a fun and educational program. It is a program that can really help you to understand the feelings of someone else and can teach you how to help someone who has a problem.

It helped us to deal with kids and some adults. It helped us to like ourselves better and know who we are and where we stood in society. Some of the disadvantages were if you didn't help the people with the right motivation it would end up disasterous.

Peer Counseling was a fun experience for me. I learned how to cope with my feelings and how to help other people work out their promblems. I could also understand peoples promblems and understand why they have them.

Peer Counseling has helped me so that I can talk to people easier and say what I have to say. It also helps so that I can listen to other people and to what they have to say. And to try and help people with their problems.

I think peer counseling was an advantage because it helped me deal with other people's problems. It also helped me to deal with myself. Without peer counseling I probably would not have known how to deal with problems and how to solve

or at least correct them when they come up.

I do not think it helped in one way, though. I have this thing that when people say or do something I do not like I blow up at them without thinking. What I mean is that I do not think before I act. I usually think about what happened after I blowup. Other than what is written I think peer counseling is really nice and I hope it will help people in future years.

Peer counseling this year has been helpful and fun altogether. We were allowed to talk about anything we wished and the morning seemed easier to handle after the talk. The mornings that he wasn't there it was a good time for us to talk about different subjects not relating to peer counseling.

I liked peer counseling because you get to learn how to handle some things. I liked it because I was able to tell my problems.

I didn't like it because no one was able to tell me how to help my problem but at least I got it off of my mind.

Because of the group I began to understand others point of view. It was beginning to help me. But just as I was beginning to understand my problems better the group was over. I would realy like to be in another Peer Counseling group.

I liked our peer group because I learned to be a better listener when people tell me about their problems. I also can express my feelings better to my friends, I can also say "no" to certain things. I really had alot of fun getting together and talking about our problems with people. The only thing I didn't like was when someone would get mad when we didn't have it during the period they wanted.

I enjoy groups because they aid you in understanding and setting your values. They also help you realize and accept the way others feel about their own standards. Group help be outside of the scope of the discussions. They help me to be proud of the way I am and to carry out my morals without hesitation. I think that groups should continue. They give us a chance to analyze ourselves and to look at others objectively.

Scince the day that Group Counseling started, I have been comeing. I really enjoy it for it has helped me solve some of my problems with friends and family. What we do in Group Counseling is talk and learn about other people and there life. If you can help these people then you speak out. Also in this class, you don't have to watch what you say. Such as if you have a problem or something similar then you can say it in group counseling without getting bawled out by someone who you want to really say it to.

I think that group counseling should continue next year for it will help people understand themselves and others around them. The only thing I don't really like about group counseling is the fact that not enough people come and that we only meet once a week.

My feelings toward "groups" is very strong. Groups is a place for me to go and talk about my problems and find help from people I trust and from people who are my friends, and also a place for me to go and help others. The only thing I really dislike about groups is sometimes new people come and it's hard for me to talk out my problems unless I know and trust people very much. Groups has really helped me and I feel that I can say it has helped other's also. I feel Groups should continue and that as many people as possible should get into it.

I feel peer dynamics is a super class. It helps a person to talk more freely about their problems and lets you see what other people think about them. Then you really know what other people think about your problems and yourself for that matter and then your not always wondering well I wonder what so and so thinks of it, or me which to many people is a big part of todays society. This class helps people to get to know others without really making them feel edgy. As for some people I think it kinda brings them out of their "shells", as it did myself.

This class not only dealt with problems and feelings but let one see what different kinds of occupations for his/hers personality.

I think this class should be "pushed" more for students to take and for the public to for that matter.

I think the class would be even better if it were a little longer than just a nine weeks course.

And with a good guidance counselor like _____ teaching it, you really get the point across.

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(1) I found that all kids have problems, some show their problems others hide theirs. (2) I've learned how to get along with my mother and that was the big thing that I got out of peer. (3) I learned how people show their feelings and just what they are feeling inside. (4) Got alot out of the class. (5) It was too short of a class should be required. (6) At first I just took it for the credit and to get out of study hall.

Good Things: To make you under stand your friend better. People my group - got more at easy after about 2nd day. Learn About How other people feel each day. Learn How kids in film how they like peer.

Bad: Someday it was hard to talk to the group.

Positive: This class has made me be more open to other people. Help my friends with their problems and feelings. Its made me feel good about having more friends because I can go up to people and start a conversation. This course has also helped me to understand problems with my family, friends and myself. This was a really good class to take, it really made me feel great and special.

Negative: All I have against this course is that I wish it was longer, not just a 9 weeks course.

You learn more about other people. You learn what you are like and what other people see in you and what they like about you. How to help people with their problems without solving it for them.

Didn't like to do alot of role playing. I like talking to the others about themselves.

Positive Points: (1) Makes you become more open. (2) Lets you understand people. (3) Lets you understand yourself. (4) Helps you improve your personality. (5) Helps you get involved with the world. (6) Helps you talk to people.

Negative Points: (1) Filmstrips were a little long. (2) Did some thing over and over.

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(1) Good teacher. (2) To me it was a good class Because it Helped me be more open with friends as well as parents. (3) Fun thing to do. The class makes my Day. (4) It is a serious class good for any one. (5) It helped me meet and get along with other people Better..

No Bad Points.

Strong Points: (1) It helped me to be more open about my problems. (2) It made me realize the problems students and adults have with each other. (3) This course helped me to clear up my weak areas in myself. (4) Helped me to help others solve their problems. (5) This class helped my listening and talking skills. (6) It helped me to be more patient and understanding with other people. (7) This course helped me to have a better relationship with my friends and parents.

Weat Points: None.

This class is very helpful. Because It taught me reflective listening, how to feel and know the inside feelings of others.

Positive: (1) You become a better listener. (2) You become more helpful to people that have problems. (3) You get to know yourself better. (4) You get to know why you do certain things. (5) You can say confadental things and no one else will be told about it.

Negative: I think there isn't any negative things about this class.

I really hope that Peer Dynamics will be open for all students, as long as there are schools.

I think that this class has helped me alot. It has helped me be open with people and has helped me to learn how to cope with problems and to help other people with problems. Another good point is our teacher. He tries his best to help everyone.

Good Things: Interesting, exciting, fun, learn alot. Learned to share things with other people. I (myself) learned alot of things in this class alone where I would never learn things in any other class, or place. I liked it alot. I like the films.

Dislikes: Some times the film, but only then was I in a bad mood or just tired.

The only time I didn't like it was when I was tired, or had homework or just pissed off about something. But there it was my doings I was like that.

RECOMMENDATIONS

RECOMMENDATIONS

The two Peer consultants with the Department of Health have made the following recommendations based on teacher evaluation of the training sessions and follow-up meetings with students and staff members.

1. Again, Peer consultants want to emphasis the need for Peer facilitators to provide more excensive peer orientation to their faculty members and administration. The majority of students felt their school faculty were not well informed about Peer.

2. Peer facilitators are encouraged to co-facilitate a group with an appropriate staff person, in order that additional staff persons can be trained in the peer process.

3. Peer facilitators should make an effort to plan a follow-up project within the school system or outside of the school setting in order that students are given an opportunity to practice skills learned in the peer process.

4. Peer consultants realize that the Pre and Post testing procedure is a time consuming process. However, each peer facilitator must make more of a conscious effort to administer the Pre and Post test, since it is such a vital part of the program.

With each additional year of operation the Peer program has proved to be a catalyst towards positive behavior changes. Three of the major selling points of the program for schools are the structure, training, and follow-up provided by the Peer consultants with the Department of Health. It is felt that Peer is a worthwhile program and should be continued.